MENU



3 WW waffles, grapes & milk. WW cereal, banana	1			
WW waffles, grapes & milk. WW cereal. banan.	7	5	6	7
7.5 1	as & milk.	Oatmeal, apples, milk.	Scrambled eggs, WW toast,	
			strawberries & milk.	CLN CLOSED
Ground beef burritos on WW WW Turkey ham s		Beef fajitas, bell peppers, mashed		CLIN CLUSED
tortilla, lentil soup, pineapples & lettuce, oranges &	milk.	potatoes, WW tortillas, pears &	Baked fish, brown rice, mix veggies,	
milk.		milk.	watermelon & milk.	
Plain yogurt & blue	eberries.			
Pretzels & milk		Crackers & string cheese.	Cottage cheese & peaches.	
	11	12	13	14
WW blueberry muffins, bananas & WW pancakes, stra	awberries & milk.	Cream of wheat, blueberries, milk.	Egg cheese burrito on WW tortilla,	WW toast avocado, oranges &
milk.		TATTAT CO.	honeydew & milk.	milk.
Spaghetti w/ meat	t sauce, carrots,	WW pitta pizza, mixed salad, kiwis		D 1 11 147747 11 11
WW Egg salad sandwich, corn, apples & milk.		& milk.	Chicken nuggets, tater tots, apples &	Posole, cabbage, WW dinner rolls,
watermelon & milk. Crackers, ham & c.	.h	Current manage to / women's TATIAI and already	milk.	cantaloupe & milk.
1	meese.	Sugar peas w/ ranch, WW crackers	Carrot sticks & hummus.	Homemade oat bars & milk.
Popcorn & juice			Carrot sticks & nummus.	Homemade oat bars & milk.
<u>-</u> ·	18	19	20	21
WW cereal, bananas & milk	ns, peaches & milk.	Oatmeal w/ blueberries & milk.	Eggs w/ turkey chorizo, WW tortillas, mixed berries & milk.	WW biscuits & gravy w/ sausage, apples & milk.
Fish sticks, brown rice, corn, Ham cheese quesa	adillas, cucumbers,	WW grilled cheese, tomato soup,		
grapes & milk. grapes & milk.		pineapple & milk.	Turkey patty, WW bun, tomato,	Chicken & spinach alfredo pasta,
			lettuce, fries, mandarin & milk.	WW dinner rolls, pears & milk.
WW sunbutter sandwich & milk. Whole wheat bage	els, cream cheese &	Cheese cubes, Triscuits & juice.		
milk.			Graham crackers & milk.	Fruit smoothie & crackers.
	25	26	27	28
Breakfast sandwich w/egg and WW French toast,	bananas & milk.	Cream of wheat, apples & milk.	WW pancakes, strawberries & milk.	
cheese on WW toast, oranges &				CLN CLOSED
milk. Green chili stew, m		Chicken thighs, green beans,	Mexican mac & cheese, mixed	
saltines, peaches &	≩ milk.	mangos & milk.	veggies, grapes & milk.	IN SERVICE DAY
Ground beef tacos, lettuce/				
tomato, cantaloupe & milk. Nachos w/ beans.		Bell peppers, w/ ranch, WW crackers.	Fruit & Yogurt	
Cottage cheese & fruit.				
1	2			

^{*} WW = WHOLE WHEAT